



Stuck in a moment Chorus-LIGHT – U2

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Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

B

High

Mid

Low

C Instr.

Piano Combo

Synthesizer

Guitar

Bass Guitar

Drums

Percussion

Mmm Mmm Oh. Mmm

Mmm Mmm Oh.

Mmm Mmm Oh. I'm not a-raid of a-ny-thing in this world, there's

E E/g# A E/g# B C#m A E E E/g# A E/g#

Rock Org.
Lead 8

Jazz Gt. (Delay)
rhythm guitar

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Stuck in a moment you can't get out of 3

Chorus-LIGHT Combo C

D

19

H
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out... of it.

M
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out...

L
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out... of it.

C

P.C.
C^m B E E/g[#] A E/g[#] B C^m A E

Synth

Gtr. *rhythm guitar*

Bass

Dr.

Perc. *Beating*

E

25

H
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out of it. I will not for-sake the co-

M
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out... the co-

L
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out... the co-

C

P.C.
E E/g[#] A E/g[#] G⁷/b[#] C^m A E E E/g[#]

Synth

Gtr. *as written*

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 5

Chorus-LIGHT Combo C

G

44

H
and you can ne- ver get e- nough of what you don't rea- lly need, now, my oh my... You've got to get your- self to - ge- ther you've got stuck in a mo - ment and now you

M
and you can ne- ver get e- nough of what you don't rea- lly need, now, my oh my... You've got to get your- self to - ge- ther you've got stuck in a mo - ment and now you

L
and you can ne- ver get e- nough of what you don't rea- lly need, now, my oh my... You've got to get your- self to - ge- ther you've got stuck in a mo - ment and now you

C
A C#m B E E/g# A E/g# B C#m

P.C.

Synth

Gtr. rhythm guitar

Bass

Dr.

Perc.

H

50

H
can't get out ___ of it. Oh love, look at you now, ___ you've got your- self stuck in a mo - ment and you can't get out ___ of it.

M
can't get out ___ Oh, love look at you now, ___ you've got your- self stuck in a mo - ment and you can't get out ___ the

L
can't get out ___ of it. Oh love, look at you now, ___ you've got your- self stuck in a mo - ment and you can't get out ___ of it. I was un- con - scious half a- sleep, the

C
A E E E/g# A E/g# G#7/b# C#m A E F#m

P.C.

Synth

Gtr. fingerpicking

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 7

Chorus-LIGHT Combo C

J

69

H
stuck in a mo - ment_ and you can't get out_ of it. And if the night_ runs_ o - ver. and if the day_

M
stuck in a mo - ment_ and you can't get out_ of it. You've got to get your - self to - ge - ther you've got stuck in a mo - ment, day_

L
stuck in a mo - ment_ and you can't get out_ of it. And if the night_ runs_ o - ver. and if the day_

C

P.C.
G \sharp 7/b \sharp C \sharp m A E E E/g \sharp A E/g \sharp B C \sharp m

Synth

Gtr.
fingerpicking

Bass

Dr.

Perc.

74

H
_ won't_ last_ And if our way_ should_ fal - ter, a - long the sto - ny_ pass.

M
_ won't_ last_ Oh love, look at you now, you've got your - self stuck in a mo - ment, sto - ny_ pass.

L
_ won't_ last_ And if our way_ should_ fal - ter, a - long the sto - ny_ pass.

C

P.C.
A E E E/g \sharp A E/g \sharp G \sharp 7/b \sharp C \sharp m A E

Synth
Ac. Brass

Gtr.
rhythm guitar

Bass

Dr.

Perc.



Chorus-LIGHT Combo Bb

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A **B**

High *Mmm Mmm Oh. Mmm*

Mid *Mmm Mmm Oh.*

Low *Mmm Mmm Oh. I'm not a-fraid of a-ny-thing in this world, there's*

Bb Instr. *E E/g# A E/g# B C^m A E E E/g# A E/g#*

Piano Combo

Synthesizer *Rock Org. Lead 8*

Guitar *Jazz Gt. (Delay) rhythm guitar*

Bass Guitar

Drums

Percussion

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Stuck in a moment you can't get out of 3

Chorus-LIGHT Combo Bb

D

19

H
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out___ of it.

M
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out___

L
— these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out___ of it.

Bb

P.C.
C#m B E E/g# A E/g# B C#m A E

Synth

Gtr. *rhythm guitar*

Bass

Dr.

Perc. *Beating*

E

25

H
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out of it. I will not for-sake the co-

M
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. the co-

L
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. the co-

Bb

P.C.
E E/g# A E/g# G#7/b# C#m A E E/g#

Synth

Gtr. *as written*

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 5

Chorus-LIGHT Combo Bb

G

44

H
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___ You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

M
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___ You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

L
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___ You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

Bb

P.C.
A C#m B E E/g# A E/g# B C#m

Synth

Gtr. rhythm guitar

Bass

Dr.

Perc.

H

50

H
can't get out ___ of it. Oh love, look at you now, ___ you've got your - self stuck in a mo - ment and you can't get out ___ of it.

M
can't get out ___ Oh, love look at you now, ___ you've got your - self stuck in a mo - ment and you can't get out ___ the

L
can't get out ___ of it. Oh love, look at you now, ___ you've got your - self stuck in a mo - ment and you can't get out ___ of it. I was un - con - scious half a - sleep, the

Bb

P.C.
A E E E/g# A E/g# G7/b# C#m A E F#m

Synth

Gtr. fingerpicking

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 7

Chorus-LIGHT Combo Bb

J

68

H
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night ___ runs ___ o - ver. and if the day

M
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. You've got to get your - self to - ge - ther you've got stuck in a mo - ment, day

L
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night ___ runs ___ o - ver. and if the day

Bb

P.C.
A E/g# G#7/b# C#m A E E/g# A E/g# B C#m

Synth

Gtr. *fingerpicking*

Bass

Dr.

Perc.

74

H
___ won't ___ last ___ And if our way ___ should ___ fal - ter, a - long the sto - ry ___ pass.

M
___ won't ___ last ___ Oh love, look at you now, ___ you've got your - self stuck in a mo - ment, sto - ry ___ pass.

L
___ won't ___ last ___ And if our way ___ should ___ fal - ter, a - long the sto - ry ___ pass.

Bb

P.C.
A E E E/g# A E/g# G#7/b# C#m A E

Synth
Ac. Brass

Gtr. *rhythm guitar*

Bass

Dr.

Perc.



Chorus-LIGHT Combo Eb

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

B

High

Mid

Low

Eb Instr.

Piano Combo

Synthesizer

Guitar

Bass Guitar

Drums

Percussion

Mmm Mmm Oh. Mmm

Mmm Mmm Oh.

Mmm Mmm Oh. I'm not a-fraid of a-ny-thing in this world, there's

E E/g# A E/g# B C#m A E E E/g# A E/g#

Rock Org.

Lead 8

Jazz-Gi. (Delay) rhythm guitar

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Stuck in a moment you can't get out of 3

Chorus-LIGHT Combo Eb

D

19

H. *these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out... of it.*

M. *these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out...*

L. *these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out... of it.*

Eb

P.C. *C^{#m} B E E/g[#] A E/g[#] B C^{#m} A E*

Synth

Gtr. *rhythm guitar*

Bass

Dr.

Perc. *Beating*

E

25

H. *Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out of it. I will not for-sake the co-*

M. *Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. the co-*

L. *Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. the co-*

Eb

P.C. *E E/g[#] A E/g[#] G^{#7/b[#] C^{#m} A E E E/g[#]}*

Synth

Gtr. *as written*

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 5

Chorus-LIGHT Combo Eb

G

44

H
— and you can ne- ver— get e- nough of what you don't rea- lly need, now, my oh my— You've got to get your- self to - ge- ther you've got stuck in a mo- ment and now you

M
— and you can ne- ver— get e- nough of what you don't rea- lly need, now, my oh my— You've got to get your- self to - ge- ther you've got stuck in a mo- ment - and now you

L
— and you can ne- ver— get e- nough of what you don't rea- lly need, now, my oh my— You've got to get your- self to - ge- ther you've got stuck in a mo- ment and now you

Eb

P.C.
A C#m B E E/g# A E/g# B C#m

Synth

Gtr. rhythm guitar

Bass

Dr.

Perc.

H

50

H
can't get out ___ of it. Oh love, look at you now, ___ you've got your- self stuck in a mo- ment and you can't get out ___ of it.

M
can't get out ___ Oh, love look at you now, ___ you've got your- self stuck in a mo- ment and you can't get out ___ the

L
can't get out ___ of it. Oh love, look at you now, ___ you've got your- self stuck in a mo- ment and you can't get out ___ of it. I was un- con- scious half a- sleep, the

Eb

P.C.
A E E E/g# A E/g# G7/b# C#m A E F#m

Synth

Gtr. fingerpicking

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 7

Chorus-LIGHT Combo Eb

J

68

H
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night ___ runs ___ o - ver. and if the day

M
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. You've got to get your - self to - ge - ther you've got stuck in a mo - ment, day

L
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night ___ runs ___ o - ver. and if the day

Eb

P.C.
A E/g# G7/b# C#m A E E/g# A E/g# B C#m

Synth

Gtr. *fingering*

Bass

Dr.

Perc.

74

H
___ won't ___ last. ___ And if our way ___ should ___ fal - ter, a - long the sto - ny ___ pass.

M
___ won't ___ last. ___ Oh love, look at you now, ___ you've got your - self stuck in a mo - ment, sto - ny ___ pass.

L
___ won't ___ last. ___ And if our way ___ should ___ fal - ter, a - long the sto - ny ___ pass.

Eb

P.C.
A E E E/g# A E/g# G7/b# C#m A E

Synth
Ac. Brass

Gtr. *rhythm guitar*

Bass

Dr.

Perc.

Chorus-LIGHT 4 extra staves

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Souful ♩ = 79

A

B

High
Mmm _____ Oh _____ Mmm _____ Oh _____ Mmm _____ Oh _____ Mmm _____

Mid
Mmm _____ Mmm _____ Oh _____ Mmm _____ Mmm _____

Low
Mmm _____ Oh _____ I'm not a field of anything in this world, there's no-thing you can throw at me that I have-n't al-ready heard. I'm just trying to find a

1
2
3
4

E E/G# A E/G# B C#m A E E E/G# A E/G# B C#m A E E E/G#

Piano Combo
Rock Org.
Lead 8
Jazz Gtr. (Distort)
Hybrid guitar

Synthesizer

Guitar

Bass Guitar

Drums

Percussion

Stuck in a moment you can't get out of 3

Chorus-LIGHT 4 extra staves

D

17

H You go-tta stand up straight, — ca - rry your own weight, — these tears are go - ing no - where, ba - by You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

M You go -tta stand up straight, — ca - rry your own weight, — these tears are go - ing no - where, ba - by You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

L You go -tta stand up straight, — ca - rry your own weight, — these tears are go - ing no - where, ba - by You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

1
2
3
4

C_Fm A C_Fm B E E/g# A E/g# B C_Fm

P.C. *hymn guitar*

Synth

Git. *hymn guitar*

Bass

Dr.

Perc.

Banjo

Stuck in a moment you can't get out of 5
Chorus-LIGHT 4 extra staves

32

H - lours that you bring, the nights — you filled with fire-works they, left you with no-thing. Ooh, — by the light you brought to me, I li-sten through your ears and through your eyes — I can see.

M - lours that you bring, Ooh, — they left you — Ooh, — by the light you brought to me, I li-sten through your ears and through your eyes I can see.

L - lours that you bring, Ooh, — they left you — I'm still en-dan-ted by the light you brought to me, I li-sten through your ears and through your eyes — I can see.

1

2

3

4

A E/g# B C#m A E E E/g# A E/g# B C#m A E

PC.

Synth

Gtr. *rhythm guitar*

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 7

Chorus-LIGHT 4 extra staves

G

46

H
now my oh my— You've got to get your-self to - ge-ther you've got stuck in a mo - ment and now you can't get out— of it. Oh love, look at you now— you've got your-self stuck in a mo - ment and you

M
now my oh my— You've got to get your-self to - ge-ther you've got stuck in a mo - ment - and now you can't get out— Oh, love look at you now— you've got your-self stuck in a mo - ment and you

L
now my oh my— You've got to get your-self to - ge-ther you've got stuck in a mo - ment and now you can't get out— of it. Oh love, look at you now— you've got your-self stuck in a mo - ment and you

1
2
3
4

P.C.
B E E/g# A E/g# B Cm A E E E/g# A E/g# G#7/b# Cm

Synth
rhythm guitar

Git.
8

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 9

Chorus-LIGHT 4 extra staves

1

6/8

H
all, oh-wey You've got to get your-self to - ge-ther you've got stuck in a mo - ment and now you can't get out_ of it. Don't say that la - ter will be be-ter now you're

M
all, oh-wey You've got to get your-self to - ge-ther you've got stuck in a mo - ment and now you can't get out_ Don't say that la - ter will be bet-ter now you're

L
all, You've got to get your-self to - ge-ther you've got stuck in a mo - ment and now you can't get out_ of it. Don't say that la - ter will be bet-ter now you're

1
2
3
4

D B E E/g# A E/g# B C#m A E E E/g# A E/g#

Dr.
Bass
Gtr.
Synth
Perc.

dynamic guitar

Stuck in a moment you can't get out of 11

Chorus-LIGHT 4 extra staves

K

76

H — should fail - ter, a - long the sto - ny - pass. And if the night — runs o - ver and if the day — won't last —

M look at you now, — you've got your-self stuck in a mo - ment, sto - ny — pass. And if, and if the night runs o - ver and if the day — won't last —

L — should fail - ter, a - long the sto - ny — pass. And if the night — runs o - ver and if the day — won't last —

1
2
3
4

P.C. A E/g# G#7/b# C#m A E E E/g# A E/g# B C#m A E

Synth

Dr. *fingerring*

Bass

Gtr.

Perc.



Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

B

High

Mid

Low

Piano Combo

Guitar

Bass Guitar

Drums

Percussion

Mmm _____ Mmm _____ Oh. _____ Mmm _____

Mmm _____ Mmm _____ Oh. _____

Mmm _____ Mmm _____ Oh. _____ I'm not a-fraid _____ of

E E/g# A E/g# B C#m A E E E/g#

Jazz Gt. (Delay)
rhythm guitar

The musical score is arranged for a small combo. It features vocal lines for High, Mid, and Low voices, a Piano Combo, Jazz Guitar (with delay), Bass Guitar, Drums, and Percussion. The key signature is E major (one sharp) and the time signature is 4/4. The tempo is marked 'Soulful' with a quarter note equal to 79 beats per minute. The score is divided into two sections, A and B. Section A contains the first two lines of the vocal melody, and Section B contains the next two lines. The piano accompaniment consists of chords in the right hand and a bass line in the left hand. The guitar part features a rhythmic pattern with a delay effect. The drums play a steady beat, and the percussion is mostly silent.

Stuck in a moment you can't get out of 3
Chorus-LIGHT small Combo

14

H
— but dar - ling look at you, — oh. — You go - tta stand up straight,

M
— but dar - ling look at you, — oh. — You go - tta stand up straight,

L
— but dar - ling look at you, — oh. — You go - tta stand up straight,

P.C.
A F#m A C#m

Gtr.

Bass

Dr.

Perc.

18

H
— ca - rry your own weight, — these tears are go - ing no - where, ba - by. You've got to get your - self to - ge - ther you've got

M
— ca - rry your own weight, — these tears are go - ing no - where, ba - by. You've got to get your - self to - ge - ther you've got

L
— ca - rry your own weight, — these tears are go - ing no - where, ba - by. You've got to get your - self to - ge - ther you've got

P.C.
A C#m B E E/g# A E/g#

Gtr.
rhythm guitar

Bass

Dr.

Perc.
Beating

Stuck in a moment you can't get out of 5

Chorus-LIGHT small Combo

33

H
— you filled with fire - works they, left you with no-thing. Ooh, by the light you brought to me, I

M
Ooh, they left you. Ooh, by the light you brought to me, I

L
Ooh, they left you. I'm still en- chan - ted by the light you brought to me, I

P.C.
B C#m A E E E/g# A E/g#

Gtr.
rhythm guitar

Bass

Dr.

Perc.

37

H
li-sten through your ears and through your eyes — I can see. And you are such a fool, to wo-rry like you

M
li-sten through your ears and through your eyes I can see. And you are such a fool, to wo-rry like you

L
li-sten through your ears and through your eyes — I can see. And you are such a fool, to wo-rry like you

P.C.
B C#m A E C#m A F#

Gtr.
fingerpicking

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 7
Chorus-LIGHT small Combo

51

H Oh love, look at you now, — you've got your-self stuck in a mo - ment and you can't get out — of it.

M Oh, love look at you now, — you've got your-self stuck in a mo - ment and you can't get out —

L Oh love, look at you now, — you've got your-self stuck in a mo - ment and you can't get out — of it.

P.C. E E/g# A E/g# G#7/b# C#m A E

Gtr.

Bass

Dr.

Perc.

H

55

H How deep.

M the wa-ter is warm 'till you di-sco-ver how deep.

L I was un-con - scious half a-sleep, the wa-ter is warm 'till you di-sco-ver how deep.

P.C. F#m A E

Gtr. fingerpicking

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 9

Chorus-LIGHT small Combo

J

68

H
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night

M
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. You've got to

L
la - ter will be bet - ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night

P.C.
A E/g# G#7/b# C#m A E E/g#

Gtr. fingerpicking

Bass

Dr.

Perc.

72

H
_ runs ___ o - ver. and if the day ___ won't last. ___ And if our way

M
get your - self to - ge - ther you've got stuck in a mo - ment, day ___ won't last. ___ Oh love,

L
_ runs ___ o - ver. and if the day ___ won't last. ___ And if our way

P.C.
A E/g# B C#m A E E C#m E/g#

Gtr. rhythm guitar

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 11

Chorus-LIGHT small Combo

83

H
And if our way should fal - ter, a - long the sto - ny pass.

M
And if our way should fal - ter, a - long the sto - ny pass. it's just a mo - ment, this time will pass.

L
8
And if our way should fal - ter, a - long the sto - ny pass.

P.C.
E E/g# A E/g# G#7/b# C#m A E

Gtr.
8

Bass

Dr.

Perc.

Chorus-LIGHT small Combo extra staves

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge

Arranged by Hans Reintjes

Original Key E major

Soulful $\text{♩} = 79$

A

B

High
Mmm _____ Oh _____ Mmm _____ Oh _____ Mmm _____ Oh _____

Mid
Mmm _____ Oh _____ Mmm _____ Oh _____

Low
Mmm _____ Oh _____ I'm not a-fraid _____ of a-ny-thing in this world, there's no-thing you can throw at me that I have-n't al-rea-dy heard.

1
2

E E/g# A E/g# B C#m A E E E/g# A E/g# B C#m A E

Piano Combo
Jazz Gt. (Dakay)
thymian guitar

Guitar
Bass Guitar
Drums
Percussion

Stuck in a moment you can't get out of 3
Chorus-LIGHT small Combo extra staves

15

H
but dar-ling look at you, ___ oh, ___ You go-ta stand up straight, ___ ca-try your own weight, ___ these tears are go-ing no-where, ba - by.

M
but dar-ling look at you, ___ oh, ___ You go-ta stand up straight, ___ ca-try your own weight, ___ these tears are go-ing no-where, ba - by.

L
but dar-ling look at you, ___ oh, ___ You go-ta stand up straight, ___ ca-try your own weight, ___ these tears are go-ing no-where, ba - by.

1
2

PC: F#m A G#m A G#m B

Gtr.
8

Bass
8

Dr.
8

Perc.
8

Stuck in a moment you can't get out of 5

Chorus-LIGHT small Combo extra staves

E

27

H
stuck in a mo - ment and you can't get out of it. I will not for-sake the co - lours that you bring, the nights

M
stuck in a mo - ment and you can't get out. the co - lours that you bring,

L
stuck in a mo - ment and you can't get out. the co - lours that you bring,

1
2

PC: G#7/b# C#m A E E E/g# A E/g#

Gtr: as written

Bass

Dr:

Perc:

Stuck in a moment you can't get out of 7
 Chorus-LIGHT small Combo extra staves

F

38

H through your eyes — I can see. And you are such a fool, to wo-rry like you do, oh. I know it's tough

M through your eyes I can see. And you are such a fool, to wo-rry like you do, oh. I know it's tough

L through your eyes — I can see. And you are such a fool, to wo-rry like you do, oh. I know it's tough

1

2

PC: A E G#m A F# A G#m

Gtr: fingerpicking

Bass

Dr:

Perc:

Stuck in a moment you can't get out of 9
 Chorus-LIGHT small Combo extra staves

49

H stuck in a mo - ment and now you can't get out ___ of it. Oh love, look at you now, ___ you've got your-self stuck in a mo - ment and you can't get out ___ of it.

M stuck in a mo - ment - and now you can't get out ___ Oh, love look at you now, ___ you've got your-self stuck in a mo - ment and you can't get out ___

L stuck in a mo - ment and now you can't get out ___ of it. Oh love, look at you now, ___ you've got your-self stuck in a mo - ment and you can't get out ___ of it.

1

2

PC: B C#m A E E E/g# A E/g# G#7/b# C#m A E

Gtr.

Bass

Dr.

Perc.

Stuck in a moment you can't get out of 11

Chorus-LIGHT small Combo extra staves

1

60

H
at all, _____ oh - wey, _____ You've got to get your - self to - ge - ther you've got

M
long way down to no - thing at all, _____ oh - wey, _____ You've got to get your - self to - ge - ther you've got

L
long way down to no - thing at all, _____ You've got to get your - self to - ge - ther you've got

1
2

A D B E E/g# A E/g#

rhythm guitar

Gtr.
Bass
Dr.
Perc.
PC.

Stuck in a moment you can't get out of 13

Chorus-LIGHT small Combo extra staves

1

71

H And if the night runs o - - ver. and if the day won't last - -

M You've got to get your-self to - ge - ther you've got stuck in a mo - ment, day won't last - -

L And if the night runs o - - ver. and if the day won't last - -

Oh love, look at you now, you've got your-self

And if our way should fal - - ter,

And if our way should fal - - ter,

1

2

PC: E E/g# A E/g# B C#m A E E E/g# A E/g#

Gtr: *fingerpicking*

Bass

Dr.

Perc.

rhythm guitar

Stuck in a moment you can't get out of 15
 Chorus-LIGHT small Combo extra staves

83

H
 And if our way ___ should fal - ter, a - long ___ the sto - ry ___ pass. ___

M
 And if our way ___ should fal - ter, a - long ___ the sto - ry ___ pass. ___ it's just a mo - ment, this time will pass. ___

L
 And if our way ___ should fal - ter, a - long ___ the sto - ry ___ pass. ___

1
 2

PC:
 E E/g# A A E/g# G#7/b# G#m A A E

Gtr.
 [Guitar notation]

Bass
 [Bass notation]

Dr.
 [Drum notation]

Perc.
 [Percussion notation]



Chorus-LIGHT Piano Solo Advanced

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

High

Mid

Low

Piano Solo
Advanced

E E/g# A E/g# B C#m A E

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Stuck in a moment you can't get out of 3
Chorus-LIGHT Piano Solo Advanced

C

13

H
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

M
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

L
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

P.S.A.
C#m A F#m A

17

H
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

M
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

L
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

P.S.A.
C#m A C#m B

Stuck in a moment you can't get out of 5
Chorus-LIGHT Piano Solo Advanced

E

29

H
I will not for-sake the colours that you bring, the nights

M
the colours that you bring,

L
the colours that you bring,

P.S.A.
E E E/g# A E/g#

33

H
you filled with fire-works they, left you with no-thing. Ooh, by the light you brought to me, I

M
Ooh, they left you. Ooh, by the light you brought to me, I

L
Ooh, they left you. I'm still en-chan-ted by the light you brought to me, I

P.S.A.
B C#m A E E E/g# A E/g#

Stuck in a moment you can't get out of 7

Chorus-LIGHT Piano Solo Advanced

44

H
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___

M
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___

L
and you can ne - ver ___ get e - nough of what you don't rea - lly need, now, my oh my. ___

P.S.A.

A C#m B

47

H
You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you can't get out ___ of it.

M
You've got to get your - self to - ge - ther you've got stuck in a mo - ment - and now you can't get out ___

L
You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you can't get out ___ of it.

P.S.A.

E E/g# A E/g# B C#m A E

Stuck in a moment you can't get out of 9
Chorus-LIGHT Piano Solo Advanced

58

H
at

M
it's a long way down to no - thing at

L
I was - n't jum - ping for me it was a fall, it's a long way down to no - thing at

P.S.A.
F#m A

61

H
all, oh - wey. You've got to get your - self to - ge - ther you've got

M
all, oh - wey. You've got to get your - self to - ge - ther you've got

L
all. You've got to get your - self to - ge - ther you've got

P.S.A.
D B E E/g# A E/g#

I

Stuck in a moment you can't get out of 11
Chorus-LIGHT Piano Solo Advanced

73

H
and if the day ___ won't last. ___ And if our way ___ should fal - ter,

M
stuck in a mo - ment, day ___ won't last. ___ Oh love, look at you now, ___ you've got your - self

L
and if the day ___ won't last. ___ And if our way ___ should fal - ter,

P.S.A.
B C#m A E E E/g# A E/g#

K

77

H
a - long ___ the sto - ny ___ pass. And if the night ___ runs o - ver,

M
stuck in a mo - ment, sto - ny ___ pass. And if, and if the night runs o - ver,

L
a - long ___ the sto - ny ___ pass. And if the night ___ runs o - ver,

P.S.A.
G#7/b# C#m A E E E/g# A E/g#



Chorus-LIGHT Piano Solo Intermediate

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

DEMO

LEAF

Soulful ♩ = 79

A

The musical score is arranged for three vocal parts (High, Mid, Low) and a Piano Solo. The key signature is E major (three sharps) and the time signature is 4/4. The tempo is marked 'Soulful' with a quarter note equal to 79 beats per minute. The score consists of 8 measures. The vocal parts feature lyrics 'Mmm' and 'Oh.' with melodic lines. The piano solo provides harmonic accompaniment with chords and a bass line. The piano part includes the following chord sequence: E, E/g#, A, E/g#, B, C#m, A, E.

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Stuck in a moment you can't get out of 3
Chorus-LIGHT Piano Solo Intermediate

C

13

H
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

M
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

L
I ne-ver thought you _ were a fool, _ but dar-ling look at you, _ oh. _

P.S.I.
C#m A F#m A

17

H
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

M
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

L
You go-tta stand up straight, _ ca-rry your own weight, _ these tears are go-ing no-where, ba - by.

P.S.I.
C#m A C#m B

Stuck in a moment you can't get out of 5

Chorus-LIGHT Piano Solo Intermediate

E

31

H
I will not for-sake the co - lours that you bring, the nights ___ you filled with fire - works they, left you with no-thing.

M
the co - lours that you bring, Ooh, _____ they left you. ___

L
the co - lours that you bring, Ooh, _____ they left you. ___

E E/g# A E/g# B C#m A E

P.S.I.

35

H
Ooh, _____ by the light you brought to me, I li - sten through your ears and

M
Ooh, _____ by the light you brought to me, I li - sten through your ears and

L
I'm still _ en - chan - ted by the light you brought to me, I li - sten through your ears and

E E/g# A E/g# B C#m

P.S.I.

Stuck in a moment you can't get out of 7

Chorus-LIGHT Piano Solo Intermediate

G

46

H
now, my oh my, — You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

M
now, my oh my, — You've got to get your - self to - ge - ther you've got stuck in a mo - ment - and now you

L
now, my oh my, — You've got to get your - self to - ge - ther you've got stuck in a mo - ment and now you

P.S.I.
B E E/g# A E/g# B C#m

50

H
can't get out — of it. Oh love, look at you now, — you've got your - self stuck in a mo - ment and you

M
can't get out — Oh, love look at you now, — you've got your - self stuck in a mo - ment and you

L
can't get out — of it. Oh love, look at you now, — you've got your - self stuck in a mo - ment and you

P.S.I.
A E E E/g# A E/g# G#7/b# C#m

Stuck in a moment you can't get out of 9

Chorus-LIGHT Piano Solo Intermediate

I

62

H
oh-wey. You've got to get your-self to-ge-ther you've got stuck in a mo - ment and now you can't get out ___ of it.

M
oh-wey. You've got to get your-self to-ge-ther you've got stuck in a mo - ment and now you can't get out. ___

L
You've got to get your-self to-ge-ther you've got stuck in a mo - ment and now you can't get out ___ of it.

B E E/g# A E/g# B C#m A E

P.S.I.

J

67

H
Don't say that la-ter will be bet-ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night

M
Don't say that la-ter will be bet-ter now you're stuck in a mo - ment and you can't get out ___ of it. You've got to

L
Don't say that la-ter will be bet-ter now you're stuck in a mo - ment and you can't get out ___ of it. And if the night

E E/g# A E/g# G#7/b# C#m A E E E/g#

P.S.I.

Stuck in a moment you can't get out of 11
Chorus-LIGHT Piano Solo Intermediate

81

H
and if the day _____ won't last. _____ And if our way _____ should fal - ter,

M
and if the day _____ won't last. _____ And if our way _____ should fal - ter,

L
and if the day _____ won't last. _____ And if our way _____ should fal - ter,

P.S.I.
B C#m A E E E/g# A E/g#

85

H
a - long _____ the sto - ny _____ pass. _____

M
a - long _____ the sto - ny pass. it's just a mo - ment, this time will pass. _____

L
a - long _____ the sto - ny _____ pass. _____

P.S.I.
G#7/b# C#m A E

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

High
Mmm _____ Mmm _____ Oh. _____

Mid
Mmm _____ Mmm _____ Oh. _____

Low
Mmm _____ Mmm _____ Oh. _____

B

H
5
Mmm _____ Mmm _____

M

L
8
I'm not a-fraid of a-ny-thing in this world, there's no-thing you can throw at me that I

Stuck in a moment you can't get out of 3
Chorus-LIGHT

D

18

H
ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

M
ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

L
ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

22

H
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

M
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out.

L
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

25

H
Don't say that la-ter will be be-tter now you're stuck in a mo-moment and you can't get out of it.

M
Don't say that la-ter will be bet-ter now you're stuck in a mo-moment and you can't get out.

L
Don't say that la-ter will be bet-ter now you're stuck in a mo-moment and you can't get out.

Stuck in a moment you can't get out of 5
Chorus-LIGHT

F

39

H
And you are such a fool, to wo-rry like you do, oh. _____

M
And you are such a fool, to wo-rry like you do, oh. _____

L
8
And you are such a fool, to wo-rry like you do, oh. _____

43

H
I know it's tough ___ and you can ne-ver ___ get e-nough of what you don't rea-ly need,

M
I know it's tough ___ and you can ne-ver ___ get e-nough of what you don't rea-ly need,

L
8
I know it's tough ___ and you can ne-ver ___ get e-nough of what you don't rea-ly need,

G

46

H
now, my oh my. ___ You've got to get your - self to - ge - ther you've got

M
now, my oh my. ___ You've got to get your - self to - ge - ther you've got

L
8
now, my oh my. ___ You've got to get your - self to - ge - ther you've got

Stuck in a moment you can't get out of 7
Chorus-LIGHT

57

H
How deep. _____

M
_____ it's a

L
8
_____ I was-n't jum - ping for me it was a fall, it's a

60

H
at all, _____ oh-vey. You've got to

M
long way down to no - thing at all, _____ oh-vey. You've got to

L
8
long way down to no - thing at all. _____ You've got to

I

64

H
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

M
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out.

L
8
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

Stuck in a moment you can't get out of

- U2 -

Soulful ♩ = 79

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

C Instr.

A

B

4

9

C

15

D

21

E

27

4

F

36

G

42

H

48

54

Stuck in a moment you can't get out of

- U2 -

Soulful ♩ = 79

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

A **B**

Bb Instr. 4

9 **C**

15

D 21

E 27 4

F 36

G 42

48

H 55

Stuck in a moment you can't get out of

- U2 -

Soulful ♩ = 79

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

A **B**

E♭ Instr. 

9 **C** 

15 

D 21 

27 **E** 

36 **F** 

42 **G** 

48 

H 54 

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A E E/g# A E/g# B C#m A E E E/g# A E/g#

B

7 B C#m A E E E/g# A E/g# B C#m A E

C

13 C#m A F#m A C#m A

D

19 C#m B E E/g# A E/g# B C#m A E

25 E E/g# A E/g# G#7/b# C#m A E

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

E E/g# A E/g# B C#m A E

B

5 E E/g# A E/g# B C#m A E E E/g#

C

10 A E/g# B C#m A E C#m A

D

15 F#m A C#m A C#m

D

20 B E E/g# A E/g# B C#m A E

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

E E/g# A E/g# B C#m A E

B

5 E E/g# A E/g# B C#m A E E E/g#

C

10 A E/g# B C#m A E C#m A

15 F#m A C#m A C#m B

D

21 E E/g# A E/g# B C#m A E E E/g#

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

B

Rock Org.

Lead 8

C

8

15

D

21

E

27

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A Jazz Gt. (Delay) rhythm guitar

B

Guitar

6

C

12

fingerpicking

D

17

rhythm guitar

23

E

29

as written

4

rhythm guitar

F

38

fingerpicking

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

Bass Guitar

A E E/g# A E/g# B C#m A E **B**

8 E E/g# A E/g# B C#m A E C#m **C**

14 A F#m A C#m A

19 C#m B **D** E E/g# A E/g# B C#m

24 A E E E/g# A E/g# G#7/b# C#m A E

30 **E** E E/g# A E/g# B C#m A E E E/g#

36 A E/g# B C#m A E **F** C#m A F#

Drumkit/Percussion

Hi-Hat closed
Hi-Hat open
High Tom
Mid Tom
Low Tom
Floor Tom
Ride Cymbal
Ride Bell/Cup
Crash Cymbal
Splash Cymbal
Triangle mute
Bassdrum (Kick)
Shareclick
Sharedrum
Hi-Hat Foot
Tambourine Beating
Triangle open

- Shaker (eggs)
- Claves
- High Timbale
- Sleigh Bells
- Bell Tree
- Maracas
- Wind Chimes

Handclap
Guiro
Woodblock High
Timbale Low
Agogo High
Cowbell
Conga Cabasa
Woodblock Low
Agogo Low

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

Drums

A

B

C

D

Drumkit/Percussion

Hi-Hat closed
Hi-Hat open
High Tom
Mid Tom
Low Tom
Ride Cymbal
Crash Cymbal
Shareclick
Hi-Hat Foot
Floor Tom
Ride Bell/Cup
Splash Cymbal
Triangle mute
Bassdrum (Kick)
Sharedrum
Tambourine Beating
Triangle open

- Shaker (eggs)
- Claves
- High Timbale
- Sleigh Bells
- Bell Tree
- Maracas
- Wind Chimes

Cowbell
Handclap
Conga Cabasa
Guiro
Woodblock High
Woodblock Low
Timbale Low
Agogo High
Agogo Low

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

Percussion

A **B** **C** **D**

4 8 8 *Beating* > >

E 8

F 39 > >

G 47 > >

H 55 > >

I 63 > >

J 71 > >

K 79 > >

86 > >

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge
Arranged by Hans Reintjes
Original Key E major

Soulful ♩ = 79

A

E E/g# A E/g# B C#m A E E E/g#

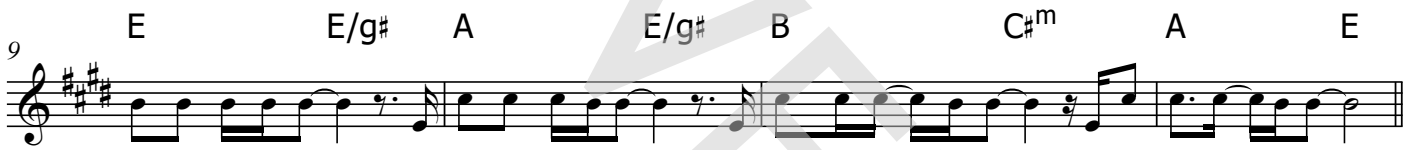


Mmm _____ Mmm _____ Oh. _____ I'm not a-fraid of

B

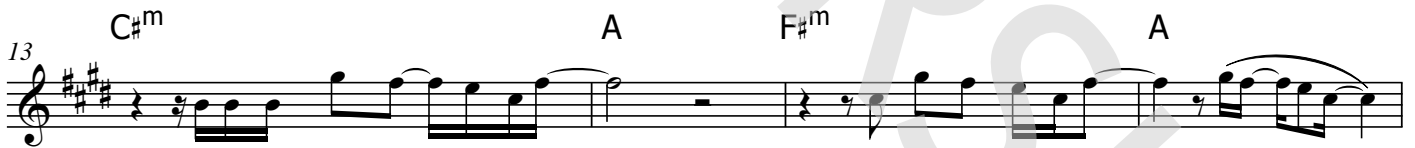


a-ny-thing in this world, there's no-thing you can throw at me that I have-n't al-rea-dy heard.



I'm just try-ing to find a de-cent me-lo-dy, a song that I can sing in my own com-pa-ny.

C



I ne-ver thought you were a fool, but dar-ling look at you, oh.



you got-ta stand up straight, car-ry your own weight, these tears are go-ing no-where, ba-by.

D



You've got to get your-self to-ge-ther you've got stuck in a mo-ment and now you can't get out of it.

Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge

Arranged by Hans Reintjes

Original Key E major

A: Intro

B:

I'm not afraid of anything in this world,
there's nothing you can throw at me that I haven't already heard.
I'm just trying to find a decent melody,
a song that I can sing in my own company.

C:

I never thought you were a fool, but darling look at you, oh.
You gotta stand up straight, carry your own weight,
these tears are going nowhere, baby.

D:

You've got to get yourself together you've got stuck in a moment
and now you can't get out of it.
Don't say that later will be better now you're stuck in a moment
and you can't get out of it.

E:

I will not forsake the colours that you bring,
the nights you filled with fireworks they left you with nothing.
I'm still enchanted by the light you brought to me,
I listen through your ears and through your eyes I can see.

F:

And you are such a fool, to worry like you do, oh.
I know it's tough and you can never get enough
of what you don't really need, now, my oh my.

G:

You've got to get yourself together you've got stuck in a moment
and you can't get out of it.
Oh love, look at you now, you've got yourself stuck in a moment
and you can't get out of it.

H:

I was unconscious half asleep,
the water is warm till you discover how deep.
I wasn't jumping, for me it was a fall,
it's a long way down to nothing, at all, oh wey.

I:

You've got to get yourself together you've got stuck in a moment
and you can't get out of it.
Don't say that later will be better now you're stuck in a moment
and you can't get out of it.

J:

And if the night runs over, and if the day won't last.
And if our way should falter, along the stony pass.

K:

And if the night runs over, and if the day won't last
And if our way should falter, along the stony pass.
It's just a moment, this time will pass.