

# Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge  
Arranged by Hans Reintjes  
Original Key E major

Soulful ♩ = 79

**A**

Soprano 1

Soprano 2

Alto 1

Alto 2

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

**B**

5

S1

S2

A1

A2

Mmm \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I'm not a - fraid \_\_\_\_\_ of a - ny - thing in this world, there's

16

S1 oh. You go-tta stand up straight, ca-rry your own weight,

S2 oh. You go-tta stand up straight, ca-rry your own weight,

A1 You go-tta stand up straight, ca-rry your own weight,

A2 You go-tta stand up straight, ca-rry your own weight,

**D**

19

S1 these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got

S2 these tears are go-ing no-where, ba-by. You've got to get your-self to-ge-ther you've got

A1 You've got to get your-self to-ge-ther you've got

A2 You've got to get your-self to-ge-ther you've got

23

S1 stuck in a mo-ment and now you can't get out of it. Don't say that

S2 stuck in a mo-ment and now you can't get out of it. Don't say that

A1 stuck in a mo-ment and now you can't get out. Don't say that

A2 stuck in a mo-ment and now you can't get out. Don't say that

36

S1 light you brought to me, — I li - sten through your ears and

S2 light you brought to me, — I li - sten through your ears and

A1 light you brought to me, — I li - sten through your ears and

A2 light you brought to me, — I li - sten through your ears and

38 **F**

S1 through your eyes — I can see. And you — are such a fool, to wo-rry like you

S2 through your eyes I can see. And you — are such a fool, to wo-rry like you

A1 through your eyes — I can see. And you — are such a fool, to wo-rry like you

A2 through your eyes — I can see. And you — are such a fool, to wo-rry like you

42

S1 do, oh. — I know it's tough — and you can ne - ver — get e -

S2 do, oh. — I know it's tough — and you can ne - ver — get e -

A1 do, I know it's tough — and you can ne - ver — get e -

A2 do, I know it's tough — and you can ne - ver — get e -

H

54

S1 can't get out\_\_\_ of it. I was un - con - scious half\_\_\_ a - sleep, the

S2 can't get out\_\_\_ I was un - con - scious half\_\_\_ a - sleep, the

A1 can't get out\_\_\_ I was un - con - scious half\_\_\_ a - sleep, the

A2 can't get out\_\_\_ I was un - con - scious half\_\_\_ a - sleep, the

56

S1 wa - ter is warm 'till you di - sco - ver how deep.\_\_\_\_\_

S2 wa - ter is warm 'till you di - sco - ver how deep.\_\_\_\_\_

A1 wa - ter is warm 'till you di - sco - ver how deep.\_\_\_\_\_

A2 wa - ter is warm 'till you di - sco - ver how deep.\_\_\_\_\_

59

S1 I was-n't jum - ping for me it was a fall, it's a long way down to no - thing at all, \_\_\_\_\_

S2 I was-n't jum - ping for me it was a fall, it's a long way down to no - thing at all, \_\_\_\_\_

A1 I was-n't jum - ping for me it was a fall, it's a long way down to no - thing at all, \_\_\_\_\_

A2 I was-n't jum - ping for me it was a fall, it's a long way down to no - thing at all, \_\_\_\_\_

J

71

S1 And if the night runs o - ver. and if the day

S2 And if the night runs o - ver. and if the day

A1 You've got to get your - self to - ge - ther you've got stuck in a mo - ment, day

A2 You've got to get your - self to - ge - ther you've got stuck in a mo - ment day

74

S1 — won't last. And if our way should fal - ter,

S2 — won't last. And if our way should fal - ter,

A1 — won't last. Oh love, look at you now, you've got your - self

A2 — won't last. Oh love, look at you now, you've got your - self

K

77

S1 a - long the sto - ny pass. And if the night runs o - ver,

S2 a - long the sto - ny pass. And if the night runs o - ver,

A1 stuck in a mo - ment, sto - ny pass. And if, and if the night runs o - ver,

A2 stuck in a mo - ment sto - ny pass. And if, and if the night runs o - ver,