

# Stuck in a moment you can't get out of

- U2 -

Words and Music by U2, Bono and the Edge  
Arranged by Hans Reintjes  
Original Key E major

Soulful ♩ = 79

**A**

High

Mid

Low

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_ Oh. \_\_\_\_\_

**B**

5

H

M

L

Mmm \_\_\_\_\_ Mmm \_\_\_\_\_

I'm not a-fraid of a-ny-thing in this world, there's no-thing you can throw at me that I

Stuck in a moment you can't get out of 3  
Chorus-LIGHT

D

18

H  
— ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

M  
— ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

L  
— ca-rry your own weight, — these tears are go-ing no-where, ba - by. You've got to

22

H  
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

M  
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out.

L  
get your-self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

25

H  
Don't say that la-ter will be be-tter now you're stuck in a mo-ment and you can't get out of it.

M  
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. \_\_\_\_\_

L  
Don't say that la-ter will be bet-ter now you're stuck in a mo-ment and you can't get out. \_\_\_\_\_

F

39

H  
And you are such a fool, to wo-rry like you do, oh. \_\_\_\_\_

M  
And you are such a fool, to wo-rry like you do, oh. \_\_\_\_\_

L  
And you are such a fool, to wo-rry like you do, oh. \_\_\_\_\_

43

H  
I know it's tough \_\_\_\_\_ and you can ne-ver \_\_\_\_\_ get e-nough of what you don't rea-ly need,

M  
I know it's tough \_\_\_\_\_ and you can ne-ver \_\_\_\_\_ get e-nough of what you don't rea-ly need,

L  
I know it's tough \_\_\_\_\_ and you can ne-ver \_\_\_\_\_ get e-nough of what you don't rea-ly need,

G

46

H  
now, my oh my. \_\_\_\_\_ You've got to get your - self to - ge - ther you've got

M  
now, my oh my. \_\_\_\_\_ You've got to get your - self to - ge - ther you've got

L  
now, my oh my. \_\_\_\_\_ You've got to get your - self to - ge - ther you've got

Stuck in a moment you can't get out of 7  
Chorus-LIGHT

57

H

M

L

How deep. \_\_\_\_\_

\_\_\_\_\_

it's a

I was-n't jum - ping for me it was a fall, it's a

60

H

M

L

at all, \_\_\_\_\_ oh - wey. You've got to

long way down to no - thing at all, \_\_\_\_\_ oh - wey. You've got to

long way down to no - thing at all. \_\_\_\_\_ You've got to

I

64

H

M

L

get your - self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

get your - self to - ge - ther you've got stuck in a mo - ment and now you can't get out.

get your - self to - ge - ther you've got stuck in a mo - ment and now you can't get out of it.

K

79

H And if the night\_\_\_ runs o - ver, and if the day\_\_\_ won't last.

M And if, and if the night runs o - ver, and if the day\_\_\_ won't last.

L And if the night\_\_\_ runs o - ver, and if the day\_\_\_ won't last.

83

H And if our way\_\_\_ should fal - ter, a - long\_\_\_ the sto -

M And if our way\_\_\_ should fal - ter, a - long\_\_\_ the

L And if our way\_\_\_ should fal - ter, a - long\_\_\_ the sto -

86

H - ny\_\_\_ pass.\_\_\_\_\_

M sto - ny pass. it's just a mo - ment, this time will pass.\_\_\_\_

L - ny\_\_\_ pass.\_\_\_\_\_